

Purpose, Objectives, and Disclosures

Kiersten's Ride Suicide Prevention Conference

September 28-30, 2021

Continuing Education opportunities for this activity have been jointly provided by Kiersten's Ride, Munson Healthcare, and MPHI.

This activity offers maximum educational hours of:

COMMUNITY BREAKOUT SESSIONS (September 28-29, 2021)

13.00 contact hours for **NURSES**

13.00 clock hours for **SOCIAL WORKERS**

13.00 educational hours for **MASTERS PUBLIC HEALTH**

13.00 hours for **TEACHERS (SCECH)**

13.00 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

PROFESSIONAL BREAKOUT SESSIONS (September 28-29, 2021)

14.00 contact hours for **NURSES**

14.00 clock hours for **SOCIAL WORKERS**

14.00 educational hours for **MASTERS PUBLIC HEALTH**

14.00 hours of *AMA PRA Category 1 Credits™* for **PHYSICIANS**

14.00 hours for **TEACHERS (SCECH)**

14.00 hours for **ADDICTION PROFESSIONALS (MCBAP)** *Approval Pending 9/20/21*

14.00 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

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PROFESSIONAL BREAKOUT SESSION: NSSI Training (September 30, 2021)

8.00 contact hours for **NURSES**

8.00 clock hours for **SOCIAL WORKERS**

8.00 educational hours for **MASTERS PUBLIC HEALTH**

7.00 hours of *AMA PRA Category 1 Credits™* for **PHYSICIANS**

8.00 hours for **TEACHERS (SCECH)**

8.00 hours for **ADDICTION PROFESSIONALS (MCBAP) Approval Pending 9/20/21**

8.00 educational hours for **OTHER Healthcare Professionals** (Certificate of Attendance)

Educational hours for all disciplines will be based on the sessions you report as attending in the post event evaluation.

IMPORTANT REQUIREMENTS FOR CONTINUING EDUCATION OPPORTUNITIES

- ✓ Participants requesting credit must be registered for the event and have verified attendance.
- ✓ Use the sign in/out sheets provided each day to verify attendance.
- ✓ Participant must complete an education evaluation. Click the link in the email you receive after the event to access the evaluation.
 - **IMPORTANT TIP:** Evaluation Link Emails can fall into the Junk or Spam area of your email. Please check in those areas for your link.
 - If you do not receive a link to the survey within **5 business days** of the event, please email CEInfo@mphi.org for next steps. Include your activity name and date with your request.
- ✓ There are specific instructions for receiving **SCECH** credits outlined on a separate document. If you are seeking this credit, be sure you have those instructions. **You only have 10 days to claim this credit after the event.**
- ✓ The certificate reconciliation process starts as soon as the evaluation closes and can take up to 45 days to complete.
 - After reconciliation has been completed, you will receive an email with information on how to access your certificate(s).
- ✓ Direct any questions to: CEInfo@mphi.org

PLEASE NOTE: CREDIT WILL NOT BE AWARDED UNLESS ALL CRITERIA IS MET

PURPOSE:

Kiersten's Ride is a nonprofit organization dedication to bringing help, hope, and healing through suicide prevention programs in Northern Lower Michigan. Each conference is designed to raise awareness in the community and with professionals so that future acts of suicide may be prevented. This conference will focus on how communities can be prepared with education and resources that can be used by many tiers within the community. Participants will learn that anyone can learn lifesaving skills in suicide prevention, not just professionals, and receive referral and resource materials.

LEARNING OUTCOME:

After attending this training, the participant will know that there is a need for prevention training in several areas of communities and have increased awareness of possible areas where that training is needed. Participants will learn that anyone can learn lifesaving skills in suicide prevention, not just professionals, and receive referral and resource materials. In addition, the participant will have awareness of their own needs to maintain a healthy mind through self-care.

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LEARNING OBJECTIVES:

- Describe the need for prevention education to be widespread in a community.
- Discuss the value of evidence-based skills and resources in the community prior to a crisis.
- Discuss how a person's professional role in a community does not determine their value as someone who can help prevent suicide.

SESSION OBJECTIVES:

<p style="text-align: center;">September 28, 2021</p> <p>Session #: OKN (<i>All Tracks</i>) Session Title: Why People Die by Suicide Presenter(s): Thomas Joiner, PhD Available CE: CNE, SW, SCECH, CPH, MCBAP, CME 1 Objective 1: Identify basic facts about the epidemiology and risk factors for death by suicide. Objective 2: Discuss the new theory of suicidal behavior. Objective 3: Discuss approaches to suicide risk assessment.</p>	<p style="text-align: center;">September 28, 2021</p> <p>Session #: CB1.1 (<i>Community Breakout Session</i>) Session Title: A Journey Through Suicide Grief Presenter(s): Barb Smith Available CE: CNE, SW, CPH Objective 1: Discuss the definition of survivors of suicide loss. Objective 2: Identify common reactions to grief.</p>
<p style="text-align: center;">September 28, 2021</p> <p>Session #: CB1.2 (<i>Community Breakout Session</i>) Session Title: Youth Suicide; Let's Talk About IT Presenter(s): Barb Smith Available CE: CNE, SW, CPH Objective 1: Discuss behaviors that a youth might exhibit when they may be having thoughts of suicide Objective 2: Identify simple steps to take when addressing a person when there is a concern for suicide.</p>	<p style="text-align: center;">September 28, 2021</p> <p>Session #: CB1.3 (<i>Community Breakout Session</i>) Session Title: Human Trafficking Recognition and Intervention Presenter(s): Kim Van Hooser, LMSW Available CE: CNE, SW, CPH Human Trafficking Credits Objective 1: Discuss how to recognize someone who is a victim of human trafficking. Objective 2: Describe social and cultural issues that impact exploited or trafficked persons. Objective 3: Identify referrals and services available to victims of human trafficking.</p>
<p style="text-align: center;">September 28, 2021</p> <p>Session #: CB1.4 (<i>Community Breakout Session</i>) Session Title: Understanding Trauma, It's Impact and Beginning to Build Resilience in the Lives of Those Effected Presenter(s): Heather Samkowiak, MA/LPC, NCC Available CE: CNE, SW, CPH Objective 1: Identifying the types of trauma. Objective 2: Describe the impacts of trauma on brains and bodies. Objective 3: Discuss resiliency factors.</p>	<p style="text-align: center;">September 28, 2021</p> <p>Session #: CB1.5 (<i>Community Breakout Session</i>) Session Title: Building Safer Communities Presenter(s): Lisa Clavier Available CE: CNE, SW, CPH Objective 1: Identify ways that suicide prevention can be addressed in the community. Objective 2: Discuss how layering levels of awareness, education, and knowledge of community resources can save lives.</p>

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<p align="center">September 29, 2021</p> <p>Session #: CB2.1 (<i>Community Breakout Session</i>) Session Title: CMH: Assessment and Services Presenter(s): Kristy Torsky, LPC, NCC Available CE: CNE, SW, CPH Objective 1: Discuss the assessment process used during a mental health emergency. Objective 2: Identify the cooperation between all “behind the scene” care providers and coordinators during a mental health emergency. Objective 3: Discuss the emergency mental health care from recognition of need through disposition including legal and privacy matters, evaluation process, and awareness of community partners involved in the care process.</p>	<p align="center">September 29, 2021</p> <p>Session #: CB2.1 (<i>Community Breakout Session</i>) Session Title: Social Media and It’s Role with Youth Mental Health Presenter(s): Cory Hebner Available CE: CNE, SW, CPH Objective 1: Discuss the differences between youth and adult usage of social media. Objective 2: Discuss the need to evaluate and diagnose specific hidden actions immediately. Objective 3: Discuss the need for working through negative use of social media for the better mental health results.</p>
<p align="center">September 29, 2021</p> <p>Session #: CB2.3 (<i>Community Breakout Session</i>) Session Title: Recovery Supports and the MANY Pathways of Recovery Presenter(s): Joyce Fetrow, CPRM, CPRIM-m, CHW Available CE: CNE, SW, CPH Objective 1: Define what a recovery coach is as well as why they are important. Objective 2: Explain the importance of Multiple Pathways. Objective 3: Describe the different types of Multiple Pathways.</p>	<p align="center">September 29, 2021</p> <p>Session #: CB2.4 (<i>Community Breakout Session</i>) Session Title: I’m So Glad You Called: Suicide Prevention and Survivors of Domestic and Sexual Violence Presenter(s): Angie Linesman, LMSW Available CE: CNE, SW, CPY Objective 1: Discuss how violence against women, domestic abuse, and sexual violence can contribute to suicide. Objective 2: Discuss the suicide risk among survivors of domestic abuse and sexual violence. Objective 3: Identify strategies that support survivor’s mental and emotional wellbeing.</p>
<p align="center">September 29, 2021</p> <p>Session #: CB2.5 (<i>Community Breakout Session</i>) Session Title: Veteran’s Suicide Prevention Presenter(s): Wendy Schultz, LMSW Available CE: CNE, SW, CPH Objective 1: Describe research informed communication efforts designed to prevent Veteran Suicide by changing knowledge, attitudes, and behaviors. Objective 2: Identify factors that offer Veterans protection from suicidal behaviors and promote their wellness and recovery. Objective 3: Identify Veterans suicide prevention activities across multiple sectors and settings.</p>	<p align="center">September 29, 2021</p> <p>Session #: CB2.6 (<i>Community Breakout Session</i>) Session Title: Free Your Mind Presenter(s): Wendy Conway; Michael Lucido, PhD, LP Available CE: CNE, SW, CPH Objective 1: Identify three types of diaphragmatic breathing techniques. Objective 2: Describe the benefits of meditation. Objective 3: Discuss how to use grounding techniques.</p>

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<p style="text-align: center;">September 29, 2021</p> <p>Session #: CB2.7 (<i>Community Breakout Session</i>)</p> <p>Session Title: Community and Family Supports for Youth Experiencing Suicide Risk</p> <p>Presenter(s): Cindy Ewell Foster, PhD; Anne Kramer, LMSW</p> <p>Available CE: CNE, SW, CPH</p> <p>Objective 1: Discuss barriers to mental health care that are often encountered.</p> <p>Objective 2: Identify behaviors that parents can initiate at home in support of or while awaiting treatment to begin.</p> <p>Objective 3: Describe behaviors intended to harness community supports.</p>	<p style="text-align: center;">September 28, 2021</p> <p>Session #: PB1 (<i>Professional Breakout Session</i>)</p> <p>Session Title: Didactic Training of Collaborative Assessment and Management of Suicidology (CAMS) – Day 1</p> <p>Presenter(s): Melinda Moore, PhD</p> <p>Available CE: CNE, SW, SCECH, CPH, MCBAP, CME I</p> <p>Objective 1: Discuss the factors directly associated with suicidal thoughts, feelings, and behaviors.</p> <p>Objective 2: Identify skills used in conducting a patient-centered suicide risk assessment with the CAMS Suicide Status Form (SSF).</p> <p>Objective 3: Discuss the CAMS therapeutic framework to treat suicidal individuals receiving mental health service.</p>
<p style="text-align: center;">September 29, 2021</p> <p>Session #: PB2 (<i>Professional Breakout Session</i>)</p> <p>Session Title: Didactic Training of Collaborative Assessment and Management of Suicidology (CAMS) – Day 2</p> <p>Presenter(s): Melinda Moore, PhD</p> <p>Available CE: CNE, SW, SCECH, CPH, MCBAP, CME I</p> <p>Objective 1: Identify skills used in delivering the CAMS therapeutic framework through live role play demonstration and practice.</p> <p>Objective 2: Discuss issues unique to working with suicidal patients, including adolescents, and how to adapt CAMS to effectively work with these issues and challenges.</p> <p>Objective 3: Identify how CAMS addresses the “three pillars” of malpractice liability.</p>	<p style="text-align: center;">September 30, 2021</p> <p>Session #: PB3 (<i>Professional Breakout Session: NSSI</i>)</p> <p>Session Title: The Cutting Edge: Understanding and Addressing Non-Suicidal Self-Injury (NSSI) in Youth</p> <p>Presenter(s): Janis Whitlock, PhD, MPH</p> <p>Available CE: CNE, SW, SCECH, CPH, MCBAP, CME I</p> <p>Objective 1: Identify key features of self-injury epidemiology.</p> <p>Objective 2: Discuss implications for NSSI intervention.</p> <p>Objective 3: Identify core principles and practices in effective self-injury detection, assessment and intervention.</p>

DISCLOSURES:
<p>The Planning Committee members declare no relevant financial conflict of interest or financial interest in any product or service mentioned in this program including grants, research support, consultant, stock holdings or other financial and material support.</p> <p>The presenters have declared no conflict of interest or financial interest in this program. All presenters have signed an attestation that they will present fairly and without bias.</p>

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AVAILABLE CONTINUING EDUCATION:

Community Breakout Sessions (September 28 – 29, 2021)

Nursing Contact Hours Designation

A total of **13.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 8036-100752120).

Michigan Public Health Institute-Continuing Education Solutions is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91)

Social Work Clock Hours Designation

A total of **13.00** Social Work clock hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES 2021-8036Csw).

This course is approved by the Michigan Social Work Continuing Education Collaborative – Approval #MICEC-0042

Certified in Public Health (CPH)

Up to **13.00** CPH Recertification Credits may be earned at this event. (MPHI-CES 2021-8036CcpH)

State of Michigan Teachers (SCECH)

A maximum of **13.00** State Continuing Education Clock Hours (SCECHs) have been awarded by Grand Valley State University. (Approval # 20217840)

Professional Breakout Sessions (September 28 – 29, 2021)

Nursing Contact Hours Designation

A total of **14.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 8036-100752119).

Michigan Public Health Institute-Continuing Education Solutions is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. (OBN-001-91)

Social Work Clock Hours Designation

A total of **14.00** Social Work clock hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES 2021-8036Psw).

This course is approved by the Michigan Social Work Continuing Education Collaborative – Approval #MICEC-0042

Certified in Public Health (CPH)

Up to **14.00** CPH Recertification Credits may be earned at this event. (MPHI-CES 2021-8036Pcph)

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State of Michigan Teachers (SCECH)

A maximum of **14.00** State Continuing Education Clock Hours (SCECHs) have been awarded by Grand Valley State University. (Approval

Alcohol/Drug Counselor Designation (MCBAP)

A total of **14.00** contact hours have been applied for this activity through MCBAP. APPROVAL PENDING AS OF 9/21/21.

Continuing Medical Education (ACCME) AMA PRA Category 1 Credits™

Munson Healthcare is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

Munson Healthcare designates this live activity for a maximum of **14.00 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Professional Breakout Session: NSSI Training (September 30, 2021)

Nursing Contact Hours Designation

A total of **8.00** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI CES 8036-100752121).

Michigan Public Health Institute-Continuing Education Solutions is approved as a provider of nursing continuing professional development by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

Social Work Clock Hours Designation

A total of **8.00** Social Work clock hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES 2021-8036Nsw).

This course is approved by the Michigan Social Work Continuing Education Collaborative – Approval #MICEC-0042

Certified in Public Health (CPH)

Up to **8.00** CPH Recertification Credits may be earned at this event. (MPHI-CES 2021-8036Ncph)

State of Michigan Teachers (SCECH)

A maximum of **8.00** State Continuing Education Clock Hours (SCECHs) have been awarded by Grand Valley State University. (Approval # 20217840)

Alcohol/Drug Counselor Designation (MCBAP)

A total of **8.00** contact hours have been applied for this activity through MCBAP. APPROVAL PENDING AS OF 9/21/21.



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Continuing Medical Education (ACCME) AMA PRA Category 1 Credits™

Munson Healthcare is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

Munson Healthcare designates this live activity for a maximum of **7.00 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

All participants have been provided with a copy of the event purpose statement, event goals, event objectives, session descriptions, session goals, session objectives, and disclosure statements prior to the start of this event.